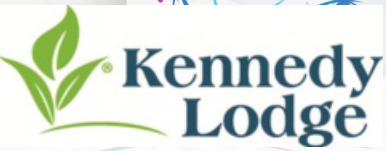




| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--|
| | | 1 9:30am Friendly Visits/友善探訪 - Vari 10:30am Glamour Hour/指甲美容 2:30pm Ice Cream Social 6:30pm Ladies Club女仕之夜 | 2 9:30am Friendly Visits/友善探訪 10:00am Outings/外出遊行 - Outi 10:15am Activities on the Go DenentiAbility/流動式活動 - 1:15pm VR GROUP/視像漫遊 2:30pm Game Day遊戲日 6:30pm Buddhist Dharmalaksana Society佛教聚會 - Vari | 3 9:30am Friendly Visits/友善探訪 10:30am One to One visits/個別探訪 2:30pm Unit Happy Hour/樓層歡樂時光 - 3rd 6:30pm VR GROUP/視像漫遊 | 4 9:30am Friendly Visits/友善探訪 10:30am Touch 2 play/電子遊戲 12:00pm Main South and CC BBQ—樓南面及復康部 2:30pm Movies/電影欣賞 7:00pm Chinese News中文新聞 | 5 9:30am One to One visits/個別探訪 10:30am Art and crafts/美術及手工 2:30pm Bingo/泵波拿 - Libr |
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耆樂護理院

二零二五年七月康樂活動重點

| 星期日 | 星期一 | 星期二 | 星期三 | 星期四 | 星期五 | 星期六 |
|--|---|--|--|--|--|--|
| 每星期有按摩及牧師探訪 | 國慶日  | 1 2:30PM 品嚐雪糕  | 2 10:00AM 外出旅行  | 3 10:00AM 住客會 2:30PM 歡樂時光 | 4 12:00PM 一樓南面及復康部燒烤會  | 5 10:00AM 美術班 2:30PM 泵波拿  |
| 6 10:30AM 小組活動 2:30PM 暢遊花園  | 7 2:30PM 音樂星期一  | 8 5:00PM 品嚐海鮮大餐  | 9 10:00AM 外出旅行  | 10 2:30PM 生日會  | 11 12:00PM 三樓南面燒烤會  | 12 10:00AM 美術班 2:30PM 泵波拿  |
| 13 10:30AM 小組活動 2:30PM 暢遊花園  | 14 2:30PM 音樂星期一  | 15 2:30PM 每月水界  | 16 9:30AM 花園瑜伽 2:30PM 遊戲日  | 17 2:30PM 歡樂時光  | 18 12:00PM 二樓北面燒烤會  | 19 10:00AM 慈濟會 2:30PM 泵波拿  |
| 20 10:30AM 小組活動 2:30PM 暢遊花園  | 21 10:00AM 外出散步 2:30PM 音樂星期一  | 22 2:30PM 動物探訪  | 23 11:15AM 1:15PM 員工嘉許日  | 24 2:30PM 歡樂時光  | 25 12:00PM 一樓北面燒烤會  | 26 10:00AM 美術班 2:30PM 泵波拿 |
| 27 10:30AM 小組活動 2:30PM 暢遊花園 | 28 2:30PM 音樂星期一  | 29 10:00AM 香港市場 5:00PM 炸雞之夜  | 30 9:30AM 花園瑜伽 2:30PM 遊戲日  | 31 2:30PM 歡樂時光  |  |  |



| Sunday | | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|---|--|---|
|  | | |  | | | | | |
| 6 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Garden Walk/暢遊花園 | | | 7 10:00am Glamour Hour/指甲美容 10:30am Music Video CC UNIT 2:30pm Musical Mondays音樂星期一 - 6:30pm Wandering Maestro | 8 10:00am one to one 10:30am Music Video CC UNIT 5:00pm Seafood Festival/海鮮晚餐 | 9 10:00am One to One Visits 10:00am Outings/外出遊行 10:30am Music Video CC UNIT 2:30pm Game Day遊戲日 | 3 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Unit Happy Hour/樓層歡樂時光 - 3rd | 4 9:00am Group Exercise - 10:30am Music Video CC UNIT 12:00pm Main South and CC BBQ—樓南面及復康部 2:30pm Movies/電影欣賞 - Libr | 5 10:30am Art and crafts/美術及手工 10:30am Music Video CC UNIT 2:30pm Bingo/泵波拿 - Libr |
| 13 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Garden Walk/暢遊花園 | | | 14 10:00am Glamour Hour/指甲美容 10:30am Music Video CC UNIT 2:30pm Musical Mondays音樂星期一 - 6:30pm Wandering Maestro | 15 10:00am one to one 10:30am Music Video CC UNIT 2:30pm Fruit of the Month - Main 6:30pm Mem's Club男仕之夜 | 16 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Kennedy Got Talent天才表演 - Main | 17 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Happy Hour/歡樂時光 - Main | 18 10:30am Music Video CC UNIT 12:00pm 2 North BBQ二北燒烤會 2:30pm Movies/電影欣賞 - Libr | 19 10:00am Apple Creek Seventh Day Adventist 10:00am Tzu Chi Group/慈濟會 10:30am Music Video CC UNIT 2:30pm Bingo/泵波拿 - Libr |
| 20 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Garden Walk/暢遊花園 | | | 21 10:00am Glamour Hour/指甲美容 10:30am Music Video CC UNIT 2:30pm Musical Mondays音樂星期一 - 6:30pm Wandering Maestro | 22 10:00am one to one 10:30am Music Video CC UNIT 2:30pm Animal of the Month - Main 6:30pm Ladies Club女仕之夜 | 23 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Game Day遊戲日 | 24 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Happy Hour/歡樂時光 - Main | 25 10:30am Music Video CC UNIT 12:00pm Main North BBQ一北燒烤會 2:30pm Movies/電影欣賞 - Libr | 26 10:30am Art and crafts/美術及手工 10:30am Music Video CC UNIT 2:30pm Bingo/泵波拿 - Libr |
| 27 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Garden Walk/暢遊花園 | | | 28 10:00am Glamour Hour/指甲美容 10:30am Music Video CC UNIT 2:30pm Musical Mondays - 6:30pm Wandering Maestro | 29 10:00am one to one 10:00am Hong Kong Market香港市場 10:30am Music Video CC UNIT 5:00pm Food Programs-KFC Night/炸雞之夜 6:15pm Chinese Christian Service/多倫多基督徒短宣中心 - | 30 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Game Day遊戲日 | 31 10:00am One to One Visits 10:30am Music Video CC UNIT 2:30pm Happy Hour/歡樂時光 - Main | | |

- Main Floor

- Second Floor

3rd - 3rd Fl Dining Room

Libr - Library

Main - Main Floor Dining Room

Outi - Outings

